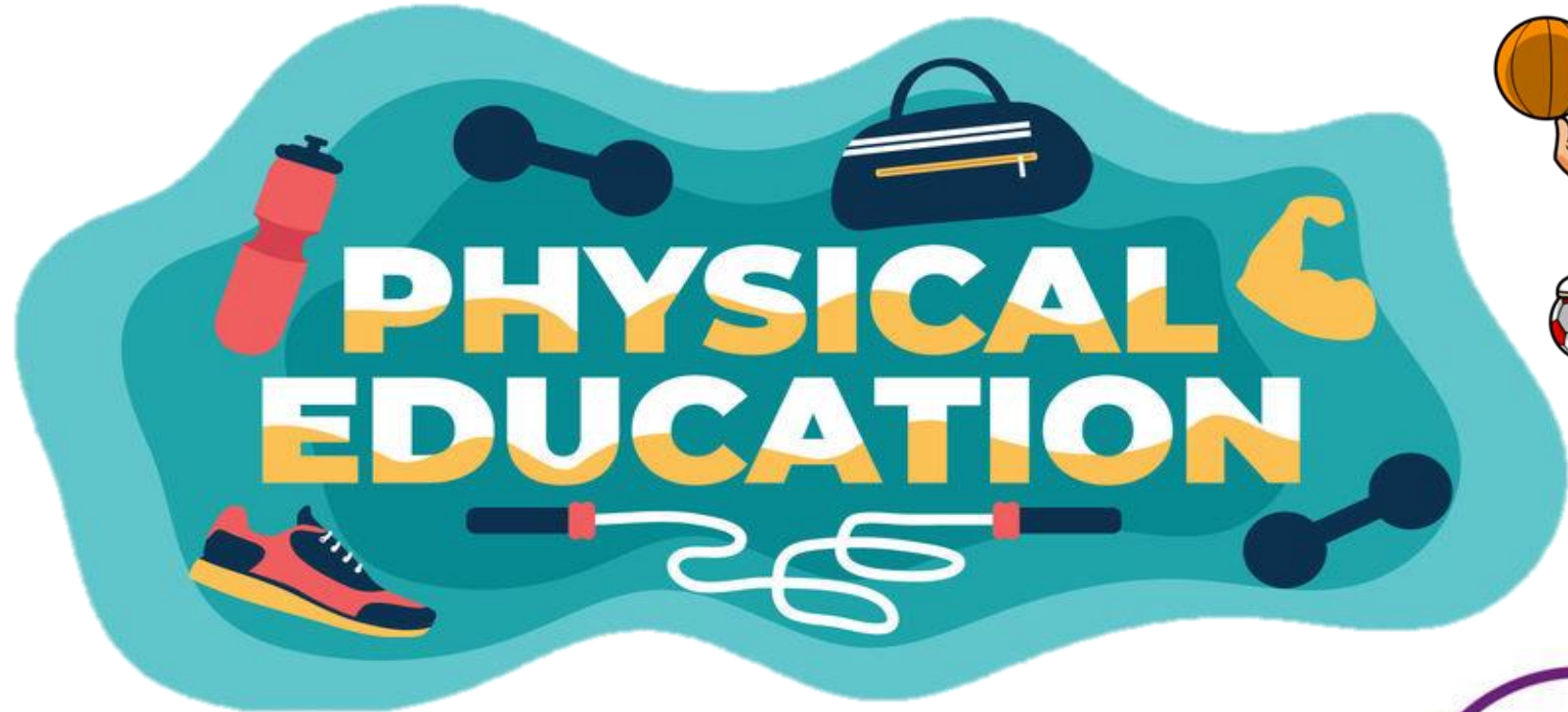


# Curriculum Briefing 2024

Primary 1  
and  
Primary 2



Learners driven by Passion . Leaders guided by Values

*Respect . Responsibility . Resilience . Integrity . Care . Harmony*



# NEW PHYSICAL EDUCATION SYLLABUS 2024

The Physical Education (PE) syllabus has undergone a revision this year.

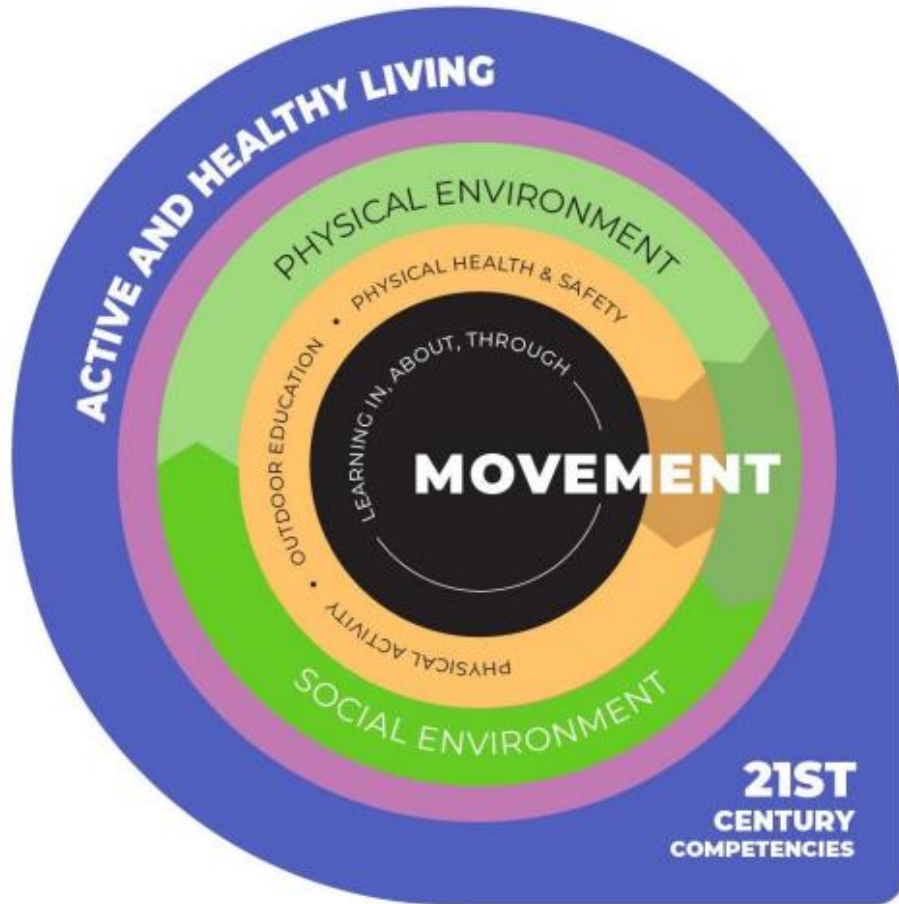


Figure 2. Physical Education Curriculum Framework

For Primary 1 and Primary 2, the focus is on **building a solid foundation** in movement skills and concepts in the learning areas of:

- PHYSICAL ACTIVITY
- OUTDOOR EDUCATION
- PHYSICAL HEALTH & SAFETY



# PURPOSE OF PHYSICAL EDUCATION

The purpose of Physical Education (PE) is to develop the whole child to bring about a nation of physically competent and confident individuals who enjoy a lifetime of active and healthy living safely and responsibly.



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# GOALS OF PHYSICAL EDUCATION



## **Movement Competence**

Students are competent and confident to participate in a range of physical and outdoor activities.



## **Healthy Lifestyle Practices**

Students have a personal commitment to healthy lifestyle practices in physical activity, nutrition, sleep, outdoor time and hygiene.



## **Safety Mindset**

Students apply risk assessment to manage daily and physical activities with respect to self, others and the environment.



## **Core Values**

Students make informed and responsible decisions with regard to personal behaviour and social interactions based on sound values-based judgements.



## **Enjoyment**

Students enjoy and value physical activities and healthy living in a sustainable way.

# PHYSICAL EDUCATION (PE) CURRICULUM

## Learning Areas and Strands at Primary 1 and Primary 2

The learning experiences leading to the goals of Physical Education are organized according to the three learning areas and content areas/strands below.

Learning Area	Content Area	Strand
1. Physical Activity	<ul style="list-style-type: none"><li>• Dance</li><li>• Games and Sports</li><li>• Gymnastic</li></ul>	<ul style="list-style-type: none"><li>• Movement Skills and Concepts</li><li>• Safety Practices</li></ul>
2. Outdoor Education		<ul style="list-style-type: none"><li>• Outdoor Living</li><li>• Sense of Place</li><li>• Risk Assessment and Management</li></ul>
3. Physical Health and Safety		<ul style="list-style-type: none"><li>• Physical Fitness</li><li>• Safety and Risk Management</li><li>• Nutrition</li><li>• Personal Hygiene and Self-Care</li></ul>

# PERFORMANCE REPORTING IN PHYSICAL EDUCATION (PE)

Students' attainment at Primary 1 and 2 are shared via the Holistic Development Profile (HDP). Data obtained through the different assessment platforms:

- Students will execute specific performance tasks to demonstrate their movement skills during daily lessons
- Written quiz each semester on topics covered in "My PE Journal".

Specifically, HDP refers to the use of qualitative descriptors (QDs) for each HDP learning outcome (HDP-LO) to report students' learning progress. The use of HDP reporting will be at the end of every Semester.

Height and Weight Measurement will only reflect the BMI category of the student such as "Underweight", "Acceptable", "Obese" or "Severely Obese".



# LEARNING DISPOSITION



In daily PE lesson observations, PE teachers identify students during physical activities who consistently display

- fair play, inclusivity and respect for one another
- cooperation with their team members
- positive attitude towards learning and participation

# HOW CAN PARENTS SUPPORT AND HELP?

Teacher-Parent Partnership engagement to support, encourage and reinforce students' learning in PE lessons through the following:



[Primary]

## Family Activities in My PE Journal

- [New] Encourage parents to celebrate milestones in child's journey



[All Levels]

## [New] Curriculum-aligned Messages

- for schools to post on Parent Gateway



# HOW CAN PARENTS SUPPORT AND HELP?

In pursuing a lifetime of active and healthy living, role-model with your child/ward to demonstrate the following:

- engage in physical activities of interest regularly and limit sedentary time
- spend time outdoors and enjoy nature responsibly
- have a balanced diet and often choose healthier options
- rest and sleep sufficiently
- practise personal hygiene

## PERFECTION VS. CONSISTENCY

@GRANTGIRSKY



An All-Or-Nothing Approach  
Is NOT Your Answer...

Aim For *Consistency*, Not *Perfection*!

# HOW CAN PARENTS SUPPORT AND HELP?



with your child's / ward's PE teacher!

# BETTER TOGETHER



*Thank You...*